

# LGBTQ+ in the U.S.

## Facts and Figures

### Adult Population

**20 million**

The number of adults in the United States that identified as lesbian, gay, bisexual or transgender as of 2021, nearly 8% of the total US population.

Source: 2021 Household Pulse Survey, Human Rights Campaign Foundation 2021



**4%**

The percentage of the US population who identify as bisexual: 11 million people, 56.8% of the LGBT population.

Source: 2021 Household Pulse Survey, Gallup 2021

**1.5%**

The percentage of the US population that identify as gay: 4.9 million people, 20.7% of the LGBT population.

Source: 2021 Household Pulse Survey, Gallup 2021

**1%**

The percentage of the US population who identify as lesbian: 2.3 million people, 13.9% of the LGBT population.

Source: 2021 Household Pulse Survey, Gallup 2021

**0.7%**

The percentage of the US population who identify as transgender: 2.2 million people, 10% of the LGBT population.

Source: 2021 Household Pulse Survey, Gallup 2021

\* Percentages total more than 100% because respondents may choose more than one category.

The percentage of the US population who identify as other (e.g. queer, same-gender-loving). 4.3% of the LGBT population.

Source: 2021 Household Pulse Survey, Gallup 2021

### Generational Identities

**20.8%**

The percentage of the Generation Z (born 1997-2003) American population who self-identify as LGBT.

Source: Gallup 2021

**10.5%**

The percentage of the millennial (born 1981-1996) American population who self-identify as LGBT.

Source: Gallup 2021

**4.2%**

The percentage of the Generation X (born 1965-1980) American population who self-identify as LGBT.

Source: Gallup 2021

**2.6%**

The percentage of the baby boomers (born 1946-1964) American population who self-identify as LGBT.

Source: Gallup 2021

**0.8%**

The percentage of the traditionalist (born before 1946) American population who self-identify as LGBT.

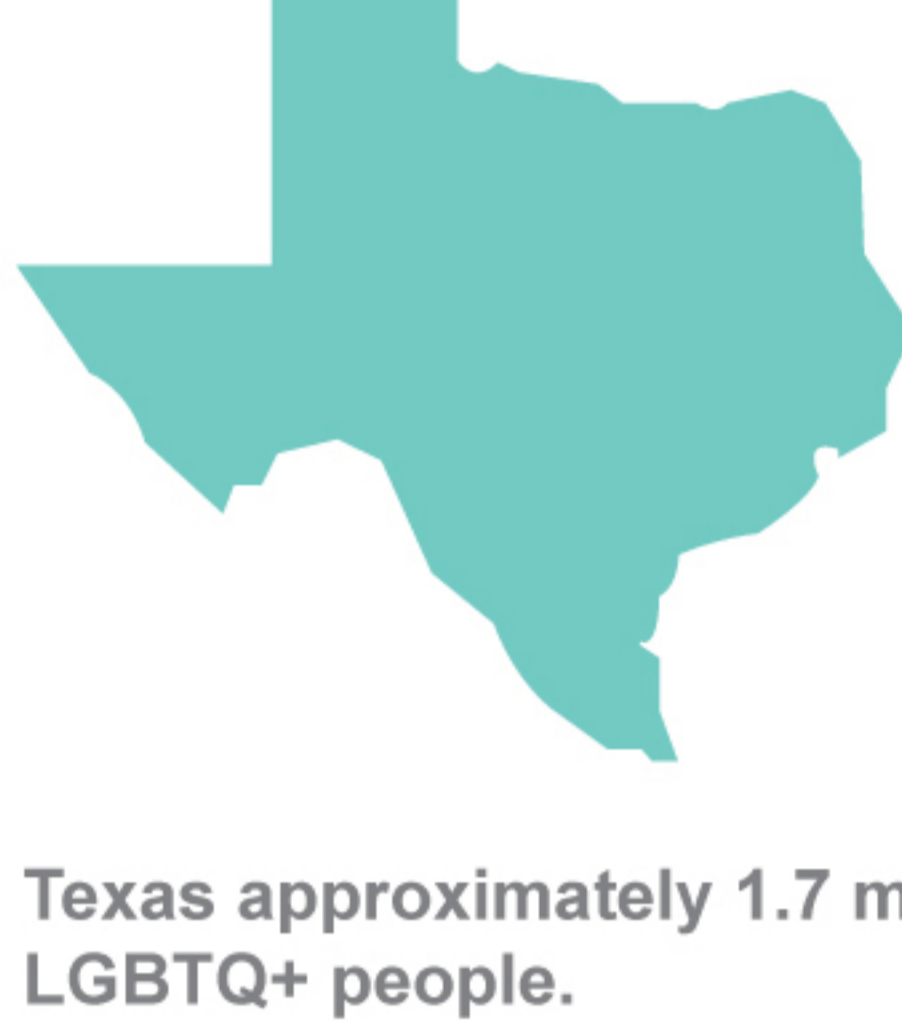
Source: Gallup 2021

\*Given the large disparities in LGBT identification between younger and older generations of Americans, the proportion of all Americans who identify as LGBT can be expected to grow in the future as younger generations will constitute a larger share of the total U.S. adult population. The proportion of LGBT Americans should exceed 10% in the near future.

### The two states with the largest number of LGBTQ+ people:



California approximately 2.6 million LGBTQ+ people.



Texas approximately 1.7 million LGBTQ+ people.

Source: Human Rights Campaign Foundation 2021

\*States less populated than California and Texas may tend to have a higher percentage of their population that identify as LGBTQ+.

### Veterans

**1 million**



The estimated number of lesbian, gay, bisexual, and queer veterans in the United States.

Source: U.S Department of Veteran Affairs 2022

### Income

\* Same-sex married couples have a higher median household income than opposite-sex married couples in 2019 but same-sex married couples accounted for just 1.0% of married-couple households in the United States.

**\$107,200**

The median earnings of same-sex married couples who worked full-time, year-round.

Source: U.S. Census Bureau 2019

**\$123,600**

The median earnings of same-sex male couples who worked full-time, year-round.

Source: U.S. Census Bureau 2019

**\$95,720**

The median earnings of same-sex female couples who worked full-time, year-round.

Source: U.S. Census Bureau 2019

**Over 60%**

The percentage of LGBT people likely to be non-partnered.

Source: Williams Institute 2019

**Jobs +8 million**

The number of workers in the United States who identify as LGBT.

Source: 2021 Williams Institute LGBT People's Experience of Workplace Discrimination and Harassment

**45.5%**

The percent of LGBT workers who have reported experiencing unfair treatment at work including being fired, not hired, or harassed because of their sexual orientation or gender identity at some point in their lives.

Source: 2021 Williams Institute LGBT People's Experience of Workplace Discrimination and Harassment

**53%**

The percentage of transgender Americans who expressed that discrimination moderately or significantly affected their capacity to be hired.

Source: Center for American Progress 2020

### Health

**17%**

The percent of LGBTQ+ adults who do not have any kind of health insurance coverage.

Source: Humans Rights Campaign Foundation 2021

**1 in 5**

LGBTQ+ adults have not seen a doctor when needed because they could not afford it.

Source: Humans Rights Campaign Foundation 2021

**16%**

The percentage of LGBTQ Americans who reported postponing or avoiding preventative screenings due to discrimination.

Source: Center for American Progress 2020

**33%**

The percentage of transgender Americans who reported having to teach their doctor or provider about transgender people to get appropriate care.

Source: Center for American Progress 2020

### Poverty



**21.6%**

The poverty rate of the LGBT population.

Source: 2019 Williams Institute LGBT Poverty in the United States

**29.4%**

The poverty rate of transgender people among the LGBT population.

Source: 2019 Williams Institute LGBT Poverty in the United States

### Top 5 Industries for LGBTQ+ Employment

(represents 40% of LGBTQ workers)

**Restaurants & Food Services: 15%**

**Hospitals: 8%**

**K-12 Education: 7%**

**Colleges & Universities: 7%**

**Retail: 4%**

\* Some of the lowest-paid sectors. LGBTQ+ working people are more likely to work in jobs that are typically associated with lower earnings and benefits.

Source: Humans Rights Campaign Foundation 2021



### Buying Power

**\$1 trillion**

The estimated buying power of the LGBT population in the United States.

Source: The Multicultural Economy, 2018

### Businesses

**\$1.7 trillion**

The revenue generated by LGBT owned businesses, which consists of nearly 1.4 million businesses as of 2021.

Source: U.S. Chamber of Commerce 2021

